

CODE 267981

BWG

DIRECTIONS: As a meal replacement, mix one serving (one heaping scoop) (52g) with 8-10 fl. oz. of cold water. Mix well. Drink two shakes daily in conjunction with a healthy weight management program.

Nutrition Facts

12 Servings Per Container

Serving Size

One Heaping Scoop (52g)

Amount Per Serving

Calories

180

% Daily Value*

Total Fat 3g					4%
Saturated Fat 2g					10%
Trans Fat 0g					
Cholesterol 60mg					20%
Sodium 140mg					6%
Total Carbohydrate 18g					7%
Dietary Fiber 8g					29%
Total Sugars 3g					
Includes 0g Added Sugars					0%
Protein 25g					50%
Vitamin D	0mcg	0%	•	Calcium	500mg 40%
Iron	4mg	20%	•	Potassium	170mg 4%
Vitamin A	300mcg RAE	35%	•	Vitamin C	30mg 35%
Vitamin E	3mg	20%	•	Thiamin	0.3mg 25%
Riboflavin	0.3mg	25%	•	Niacin	4mg 25%
Vitamin B-6	0.4mg	25%	•	Folate	135mcg DFE 35%
				(80mcg Folic Acid)	
Vitamin B-12	1.3mcg	50%	•	Biotin	60mcg 200%
Pantothenic Acid	2mg	40%	•	Phosphorus	250mg 20%
Iodine	75mcg	50%	•	Magnesium	105mg 25%
Zinc	3mg	25%	•	Selenium	14mcg 25%
Copper	0.4mg	45%	•	Manganese	0.4mg 15%
Chromium	24mcg	70%	•	Molybdenum	15mcg 35%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Whey Protein Concentrate, Maltodextrin, Milk Protein Concentrate, Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a Milk Derivative), Mono- & Diglycerides, Dipotassium Phosphate, Sodium Silico Aluminate), Whey Protein Isolate, Cellulose Powder, Natural & Artificial Flavors, Oat Bran, Nonfat Dry Milk, Gum Blend [Cellulose Gum, Xanthan Gum, Carrageenan], Malic Acid, Tricalcium Phosphate, Calcium Carbonate, Resistant Corn Starch, Fructooligosaccharides, Magnesium Oxide, Vitamin & Mineral Blend (Vitamin A Acetate, Sodium Ascorbate, dl-Alpha Tocopheryl Acetate, Thiamin Hydrochloride, Riboflavin, Niacinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, Biotin, Calcium D-Pantothenate, Ferric Orthophosphate, Potassium Iodide, Zinc Oxide, Sodium Selenite, Copper Oxide, Manganese Sulfate, Chromium Chloride, Sodium Molybdate, Maltodextrin), Sunflower Lecithin, Sucralose, Acesulfame Potassium, FD&C Red #40, FD&C Blue #2.

CONTAINS: Milk and Treenuts (Coconut).

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⚠️WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.