Formulated by

Julian Whitaker. MD

Pioneer and trusted authority of integrative medicine whose 40+ years treating patients—with a particular focus on healthy blood sugar-and work with supplement leader Healthy Directions led to the development of GlucoGold*—a comprehensive formula that supports healthy blood sugar and insulin sensitivity.^+

Precautions: Consult a health care practitioner before use if you are on insulin, are hypoglycemic, are pregnant or nursing, have a serious medical condition, or use any other medication.

Keen out of reach of children

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

BerberPure* is a registered trademark of Healthy Directions.

Due to the nature of these ingredients, color variation may occur. ^Healthy support for levels already within the normal range.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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FEATURING 1.500 MG PER DAY OF BERBEPURE® BERBERINE, CINNAMON. BANABA LEAF, AND CROMINEX® 3+



Dietary Supplement | 90 TABLETS

Doctor's Suggested Use: Take 3 tablets daily—1 before each meal.

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 90

*Daily Value (DV) not established

Amount Per Serving		% DV
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	133 mcg	380%
Berberine Hydrochloride (from <i>Berberis</i> aristata, bark and root)(BerberPure®)	500 mg	•
Cinnamon Extract (as Cinnamomum cassia, bark)	67 mg	•
Banaba Extract (Lagerstroemia speciosa, leaf)	16 mg	*

Other ingredients: Croscarmellose sodium, microcrystalline cellulose. dicalcium phosphate, silica, cellulose, hypromellose, stearic acid, glycerin, hydroxypropyl cellulose

Distributed by Healthy Directions, Bethesda, MD 20817

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

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