

24
ON-THE-GO
STICKS

**SOUR
THEN SWEET.**

GHOST

**SOUR
PATCH**
Kids

24 | HYDRATION
ELECTROLYTES +
DIETARY SUPPLEMENT
24 - 0.32oz (9g) STICKS | NET WT. 7.62oz (216g)

REDBERRY
NATURALLY AND ARTIFICIALLY FLAVORED



**WATER
YOU
WAITING
FOR?**

BE THE FIRST TO KNOW ABOUT NEW
FLAVORS AND PRODUCT LAUNCHES

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Available on the iPhone
App Store



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V VEGAN FRIENDLY **GF** GLUTEN FREE **SF** SOY FREE **S** SUGAR FREE

OTHER INGREDIENTS: Natural and Artificial Flavor, Malic Acid, Tartaric Acid, Gum Acacia, Citric Acid, Sucralose, Silicon Dioxide, Calcium Silicate, FD&C Red #40

GHOST® HYDRATION	
Taurine	1500 mg
Potassium Citrate	1036 mg
Magnesium Citrate	565 mg
Aquamin™ (trace minerals derived from Red Marine Algae)	500 mg
Sodium Citrate	323 mg
PureWay-C™ (Ascorbic Acid and Citrus Bioflavonoids)	195 mg
Himalayan Pink Sea Salt	192 mg
Sensitiv® (Panax notoginseng root) and Rosa canina (fruit) extracts	50 mg
** Percent Daily Values (DV) are based on a 2,000 calorie diet.	
† Daily Value not established.	
Calories	5
Total Carbohydrate	1g
Dietary Fiber	1g
Total Sugars	0g
Includes 0g Added Sugars	0%
Vitamin C (as PureWay-C™)	135 mg 150%
Calcium	60 mg 5%
Magnesium	83 mg 20%
Chloride	117 mg 5%
Sodium	150 mg 7%
Potassium	375 mg 8%
Amount Per Serving %DV**	

Serving Size: 1 Stick (9g)
Servings Per Container: 24

SUPPLEMENT FACTS

MANUFACTURED IN THE U.S.A.
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN
MANUFACTURED FOR GHOST LLC 5651 S Edmond Street
Las Vegas, NV 89118, U.S.A. 1-844-GHOST-88 (446-7888)
PUREWAY
Sensitiv®, Malic Acid, Tartaric Acid, Gum Acacia, Citric Acid, Sucralose, Silicon Dioxide, Calcium Silicate, FD&C Red #40 are trademarks of Mowbray International group, used under license.
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Before using this product, consult a licensed healthcare professional if you are taking any medications or other dietary supplement, or prescription drug, or if you have or have been treated for, diagnosed with or have a family history of any medical condition. Immediately discontinue use and consult a licensed qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are pregnant, nursing, or trying to become pregnant. California Prop 65 Warning: This product may expose you to chemicals known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING MAY OCCUR.

GHOST® HYDRATION WAS CONCEIVED BECAUSE GOOD THINGS COME TO THOSE WHO SWEAT*

ANYTIME

REFRESH+

SPORT

FITNESS