## Recommendations:

Adults, as a dietary supplement, take two capsules daily.

Store in a cool dry place.

WARNING: If pregnant. nursing, or taking prescription drugs, consult your healthcare practitioner prior to use. Do not use if safety seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

PAK 400020 17500



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose. call a doctor or poison control center immediately.

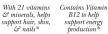












B12 to helb support energy broduction2

Contains highly hioanailahle & gentle-on-the-stomach SunActive® Iron\*

## DIETARY SUPPLEMENT

MULTIVITAMIN

REGULAR

**60 VEGGIE CAPSULES** 

## **Supplement Facts**

Serving Size: 2 Capsules Servings per Container: 30

Amour Serv		% Daily Value	Amount per Serving	% Daily Value
Vitamin A (as retinyl palmitate) 900 mc	g RAE	100%	Calcium 130 mg	10%
Vitamin C (as calcium ascorbate) 18	30 mg	200%	(as calcium citrate and calcium AA chelate)	
Vitamin D3 (as cholecalciferol) 40	0 mcg	200%	Iron (as ferric pyrophosphate, SunActive® Iron)18 mg	100%
Vitamin E (as d-alpha tocopherol)	15 mg	100%	lodine (as potassium iodide) 150 mcg	100%
Thiamin (as thiamine hydrochloride) 1	.2 mg	100%	Magnesium 84 mg	20%
Riboflavin 1	.3 mg	100%	(as magnesium citrate and magnesium glycinate)	
Niacin (as niacinamide) 16 r	ng NE	100%	Zinc (as zinc citrate) 11 mg	100%
Vitamin B6 (as pyridoxal 5 phosphate) 1	.7 mg	100%	Selenium (as selenomethionine) 55 mcg	100%
Folate 400 mcg DFE (120 mcg folio	acid)	100%	Manganese (as manganese citrate) 2.3 mg	100%
Vitamin B12 (as methylcobalamin) 4.8	B mcg	200%	Chromium (as chromium polynicotinate) 35 mcg	100%
Biotin 60	0 mcg	200%	Molybdenum (as molybdenum citrate) 45 mcg	100%
Pantothenic acid	5 mg	100%	Potassium 25 mg	<1%
(as calcium pantothenate)			(as potassium citrate)	

Other ingredients: Vegetable capsule (cellulose, water), Magnesium Stearate