

An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline. A When used in conjunction with an exercise program.

In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group



STRENGTH IN

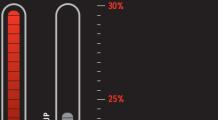
JUST 8 WEEKS

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. oduct sold by weight, not volume. Significant roduct settling may occur. Velositol® (Amylopectin/Chromium Complex) and its associated logo are trademarks of Nutrition 21, LLC.

Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information:

1-888-462-2548



Products bearing this logo have been tested for banned substances by LGC Science, Inc.,

a world-class anti-doping lab. \*Product was tested and monitored for over 285 banned

substances on the 2022 World Anti-Doping Agency (WADA) Prohibited List via LGC skip

lot testing protocol #ICP0307.



GNC **MP** 

ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC®

Proven to Increase Muscle Strength & Size in Just 8 Weeks ■\* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

CLINICALLY PROVEN PERFORMANCE PROTEIN

**40**G PROTEIN<sup>‡</sup>

**15**G EAA\*°

LEUCINE<sup>‡</sup>

500<sub>MG</sub> **VELOSITOL®** 

‡Per 2 scoops

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

## Supplement Facts Elevated Muscle Fuel for Muscle

ount Per Serving	% Daily Value		% Daily Value		Foot Dissertion
pries	100	,	200		Fast-Digesting
al Fat	1 g	1%†	2 g	3%†	Only Whey Hydrol
aturated Fat	0 g	0%†	1 g	5%†	Whey Isolate & Le
lesterol	20 mg	7%	40 mg	13%	<b>Enhanced with</b>
al Carbohydrate	3 g	1%†	6 g	2%†	
otal Sugars	1 g	*	2 g	*	(Amylopectin/
tein	20 g	40%†	40 g	80%†	& Leucine
ium	70 mg	5%	150 mg	12%	To Accelerate Mu
	0 mg	0%	0.5 mg	3%	
omium (as Chromium Histidinate & Chromium Picolinate)	125 mcg	357%	250 mcg	714%	IISAGE RENEE

110 mg 2% 220 mg

eucine (from Whey Protein Isolate, L-Leucine & Whey Protein Hydrolysate) 3.1 g Performance & Stamina •\* igh Amylopectin Starch (from Waxy Maize) \* 500 mg

For Post-Workout & Cardio

Hydrolysates Plus Leucine to Fuel Muscle & OTHER INGREDIENTS: Whey Protein Isolate, Whey Protein Hydrolysate, Natural & Artificial Flavors, Cocoa (Processed with Alkali) and Less than 2%: Acesulfame Potassium, Annatto (Color), Dimethyl Support Recovery\*\* Siloxane, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin (Sunflower and/or Soy)

Acids to Fuel Muscles while you Recover from Intense Training^\*

AWARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Diglycerides, Tocopherols, Tricalcium Phosphate), Turmeric (Color).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Mini Marshmallow Bits (Sugar, Corn Syrup, Modified Cornstarch, Gelatin, Sodium Hexametaphosphate, Natural & Artificial Flavor, Blue #1), Salt, Silicon Dioxide, Sucralose, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate [Milk Derivative], Mono &

Percent Daily Values are based on a 2,000 calorie diet.

CONTAINS: Milk and Sov.

Gluten Free.

Contains a bioengineered food ingredient.





**Enhanced with More LEUCINE than** Standard Whey Protein

Growth & Recovery\*\*

Features Only Premium, Ultra-Pure,

lvsates and a Clinical Core of eucine to Improve Strength■\*

**VELOSITOL®** (Chromium Complex)

uscle Protein Synthesis^\*

## For Pre-Workout & Cardio

Clinically Proven Support for Strength,

Provides Fast-Digesting Whey Isolate &

On Non-Training Days & Between Meals Provides High-Quality Protein & Critical Amino

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder

## LIMITED EDITION FLAVOR



DIETARY SUPPLEMENT

NET WT. 49.38 OZ. (3.08 LB.) 1400 G

25 SERVINGS