

**REPLENISHES
5 ELECTROLYTES
LOST IN SWEAT**



**996 MG TOTAL
ELECTROLYTES**



**ZERO
SUGARS***



**ZERO
CAFFEINE**



**RICH IN
ANTIOXIDANT
VITAMIN C**

GHOST	996MG TOTAL ELECTROLYTES
500MG AQUAMIN™	50MG SENACTIV®
100% DAILY VITAMINS B ₂ & B ₁₂	100% DAILY VITAMIN C
AMOUNT PER BOTTLE	

**0
SUGAR
PER BOTTLE***

**ZERO
CAFFEINE**

GHOST

HYDRATION DRINK



**NATURAL & ARTIFICIAL FLAVOR
HYDRATION DRINK**

16.9 FL. OZ. (500 mL)

LESS THAN 1% JUICE

NUTRITION FACTS

Serving Size:	1 Bottle (500 mL)
Amount Per Serving	
CALORIES	15
	% Daily Value**
Total Fat 0g	0%
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 4g	1%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Calcium 60mg 4%	Potassium 700mg 15%
Vitamin C 90mg 100%	Vitamin B ₂ 1.7mg 100%
Vitamin B ₁₂ 2.4mcg 100%	Magnesium 126mg 30%
Chloride 70mg 4%	

Not a significant source of saturated fat, trans fat, dietary fiber, vitamin D, and iron.

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FILTERED WATER, CITRIC ACID, POTASSIUM CITRATE, NATURAL AND ARTIFICIAL FLAVOR, TRIMAGNESIUM CITRATE, VEGETABLE JUICE (FOR COLOR), ASCORBIC ACID, SEAWEED-DERIVED CALCIUM CITRATE MALATE, MALIC ACID, HIMALAYAN PINK SEA SALT, SUCRALOSE, ACESULFAME POTASSIUM, PANAX NOTOGINSENG ROOT EXTRACT, ROSA ROXBURGHII FRUIT EXTRACT, PYRIDOXINE HYDROCHLORIDE, CYANOCOBALAMIN.

MANUFACTURED FOR GHOST BEVERAGES LLC
5651 S EDMOND STREET, LAS VEGAS, NV 89118, U.S.A.
1-844-GHOST-88 (446-7888)

GHOST® HYDRATION	AMOUNT PER BOTTLE
Total Electrolytes	996 mg
Potassium	700 mg
Magnesium	126 mg
Chloride	70 mg
Calcium	60 mg
Sodium	40 mg
Aquamin™ Soluble (Seaweed-derived calcium citrate malate)	500 mg
Senactiv® (Panax notoginseng (root) and Rosa roxburghii (fruit) extracts)	50 mg
V VEGAN FRIENDLY	GF GLUTEN FREE
	CS ZERO SUGARS*

SENACTIV Aquamin
Senactiv®, NuLiv Science USA, Inc.
Aquamin™ is a trademark of Marigot Ltd.

#GHOSTHYDRATION | @GHOSTLIFESTYLE



WWW.DRINKGHOST.COM

**DO NOT USE IF SEAL IS BROKEN.
SHAKE WELL BEFORE SERVING.
REFRIGERATE AFTER OPENING.
CONSUME WITHIN 3 DAYS AFTER OPENING.**

*GHOST® HYDRATION IS LOW IN CALORIES



CA CRV
ME-HI 5c, CT-OR 10c