

## THE OBJECTIVE:

OUR WHOLE FOOD MEAL REPLACEMENT POWDER MRE IS NOW AVAILABLE IN LOWER CALORIES - INTRODUCING MRE LITE. MRE LITE DELIVERS THE SAME GREAT TASTE AND WHOLE FOOD SOURCES AS OUR ORIGINAL MRE FORMULA, BUT WITH MUCH LESS CARBOHYDRATES, IDEAL FOR THE PERSON KEEPING A CLOSE AND WATCHFUL EYE ON THEIR MACRONUTRIENTS. THAT MEANS IF YOU'RE DIETING AND ON RESTRICTED CALORIES, YOU TOO CAN ENJOY THE ONE-OF-A-KIND, WHOLE FOOD MEAL REPLACEMENT POWDER MRE LITE.



## MRE LITE® SUGGESTED USE:

FOR ADDED DIETARY PROTEIN, A BRIDGE BETWEEN MEALS OR A PROTEIN-RICH SNACK, MIX (1) SCOOP OF MRE LITE WITH 4-6 OUNCES OF YOUR FAVORITE BEVERAGE, SHAKE WELL AND CONSUME.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. This product is intended to be consumed by healthy adults 18 years of age or older.

ANIMAL PROTEIN SOURCES

REDCON1

30 SERVINGS

# MRE LITE®

REAL WHOLE FOOD

ANIMAL BASED PROTEIN



ANIMAL PROTEIN POWDER DRINK MIX  
Net Wt. 34.29 oz (2.14 lb) (972g)

SOLD BY WEIGHT NOT VOLUME

OATMEAL CHOCOLATE CHIP  
NATURALLY AND ARTIFICIALLY FLAVORED

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★ NO WHEY PROTEIN ★ 1G OF SUGAR PER SERVING ★ MIXES EASILY

## Nutrition Facts

30 servings per container

Serving Size

1 Scoop (32.4g)

Amount Per Serving

Calories

120

% Daily Value\*

Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 24g	48%
Vitamin D 0mcg	0%
Calcium 90mg	6%
Iron 0mg	0%
Potassium 31mg	0%

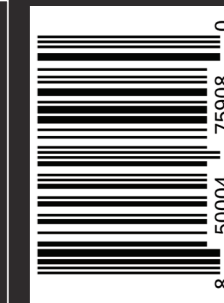
\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Food Protein Blend (Beef Protein, Salmon Protein, Chicken Protein, Egg Albumin, Rice Protein, Pea Protein), Whole Milk Powder (for texture), Natural and Artificial Flavor, Maltodextrin, Xanthan Gum, Medium Chain Triglyceride Oil Powder, Cellulose Gum, Sucralose, Salt, Acesulfame Potassium.

Contains: Fish (Salmon), Egg, Milk.

Allergen Warning: Manufactured on shared equipment which processes products containing Egg, Milk, Soy, Peanuts, Tree Nuts, Wheat, Shellfish and Fish.

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