



YOU GOT THIS

SUGGESTED USE:

Drink 1 to 3 cups a day.

DIRECTIONS:

Steep one tea bag in 8 ounces of hot water for 4 to 5 minutes. Enjoy hot or iced. Each tea bag can be re-steeped for an additional serving.

INGREDIENTS:

Organic Raspberry Leaf, Organic Oat Straw, Organic Dandelion Leaf, Organic Cinnamon Chips, Organic Turmeric Root Pieces, All Natural Fruit Flavors.

DIETARY SUPPLEMENT WARNINGS:

Keep out of reach of children. Consult your doctor before using. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.

At Oat Mama, we support and celebrate being a mother. That's why we deliver handcrafted teas specifically designed for every stage of your journey.

Our fourth trimester Healing Tea aids in postpartum recovery. Oat straw helps to relieve stress and promote calmness while dandelion root balances hormones. Raspberry leaf helps to tone the uterus, and turmeric fights off inflammation for a smoother transition to new motherhood. Gently spiced with notes of juicy pear and cinnamon, you'll want to continue enjoying this tea long after baby is born.

MADE IN THE USA

WOMEN OWNED BUSINESS

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