

Suggested usage: Add 1 scoop (5.7g) to 12–14fl/oz of water, mix well, and drink immediately, 30–60min before your meal. Drink an additional glass after. Do not take ColonBroom less than 2 hours before bedtime. Users may experience bowel changes or bloating as the body adjusts to the increased fiber intake. Start with 1 serving per day for a week, then increase to 2 servings per day and stay consistent.

NOTICE: ColonBroom should be consumed with at least one full glass of liquid. Taking psyllium husk without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

Caution: Consult your physician prior to use if you are pregnant/nursing, have a digestive disorder, or are otherwise under medical supervision or using prescription drugs. Not recommended for children.

Storage: Do not use if the safety seal is damaged or missing. Store in a cool, dry place, away from heat/moisture. Keep out of reach of children.

Allergy risk: This product may cause allergic reactions in people sensitive to inhaled or ingested psyllium.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Psyllium – a natural source of fiber

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ColonBroom

FIBER SUPPLEMENT | FOR DIGESTIVE HEALTH* | 40 SERVINGS

 Strawberry flavor

Flavored with other natural flavors
NET WT. 8.04oz (228g)



Supplement Facts

Serving Size 1 Scoop (Approx. 5.7g)
Servings Per Container 40

Amount Per Serving	%DV*	
Calories	20	
Total Carbohydrate	4g	1%*
Dietary Fiber	3g	11%*
Sodium	49mg	2%
(from Pink Himalayan Sea Salt)		
Psyllium Husk Powder	3.6g	†

* Percent Daily Values (DV) are based on a 2,000-calorie diet
† Daily Value (DV) not established

Other ingredients: Natural Flavor, Citric Acid, Rebaudioside A (From Stevia Leaf Extract), Fruit and Vegetable Juice Powder, Organic Rice Hulls Concentrate (Nu-FLOW®). Nu-FLOW® is a registered trademark of Ribus, Inc.
Distributed By: Kilo Distribution LLC, 821 N 27th St, PMB#294 Billings, Montana, 59101.

WARNING: This product may expose you to chemicals, including lead, known to the State of California to cause cancer, birth defects, or other reproductive harm. For more information, visit www.P65Warnings.ca.gov.