# PUMP FUEL® IS A MORE ADVANCED, EXPLOSIVE ALL-IN-ONE PRE-WORKOUT FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

SUPPORT FOR: Strong nitric oxide boost for intense muscle pumps, maximum power output, high energy and focus, enhanced endurance, quicker muscle recovery, and extreme performance." FUEL UP!

**DESCRIPTION: ULTRA PUMP FUEL** is the 5th generation of our wildly popular PUMP FUEL pre-workout supplement. Since 2005 PUMP FUEL has been fueling workouts all across the country, and taking results above and beyond expectations. **PUMP FUEL IS MORE ADVANCED AND MORE EXPLOSIVE!**\*

This ULTRA version of PUMP FUEL increases the focus on the product's PUMP-benefit. With 30 power-packed servings per container, each scoop of PUMP FUEL contains the CLINICALLY STUDIED and TRUTH-IN-LABELED ingredients needed to provide a truly unrivaled experience in the gym! So what are you waiting for? FUEL UP! Take your workouts to the next level with MAXIMUM ENERGY, and use PUMP FUEL'S HIGH PERFORMANCE-BASED INGREDIENTS toward your next ULTRA WORKOUT EXPERIENCE!\*

Consider PUMP FUEL INSANITY for more stimulant, or PUMP FUEL Caffeine Free for a stimulant-free option.

SUGGESTED USE: PUMP FUEL IS A HIGH-STIMULANT PRE-WORKOUT FORMULA! Mix 1 scoop of Pump Fuel with 16 – 20 fl. oz. of cold water (adjust to desired taste) and consume 30 – 45 minutes prior to workout. FOR BEST RESULTS take Pump Fuel on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (1 Scoop) in a 24-hour period. To be used as part of a physical conditioning program.

WARNING: KEEP OUT OF REACH OF CHILDREN. For use by healthy adults only. Not for use by those under the age of 18, Do not exceed recommended dose. Do not take if you are pregnant or nursing. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAO inhibitors, anti-depressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or

glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken. STORE IN A COOL, DRY PLACE.

AVOID EXCESSIVE HEAT.

**CONSUMER NOTICE**: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers. GNC, or pmdsports.com.

CALIFORNIA RESIDENTS / WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.





Share what this #PUMPFUEL did for you @PMDSPORTS



## **FUEL UP WITH THESE FULLY DOSED KEY INGREDIENTS**

1.5

1.5 g
CREATINE
MAGNAPOWER

**5**g CITRULLIN MALATE

39 50

500mg 3.2g
NITROSIGINE® BETA-ALANINE

2.5g

12.5g SMART CARBS

Amount Per Serving %DV

# Supplement Facts

Serving Size 1 Scoop (31 g) Servings Per Container 30

| Amour  | nt Per Serving | %D\  |
|--|----------------|------|
| Calories   | 80             |      |
| Total Carbohydrate                               | 13 g           | 5%** |
| Total Sugars                                     | <1 g           | -    |
| Includes <1 g Added                              | Sugars         | 1%   |
| Vitamin C<br>(Ascorbic Acid)                     | 125 mg         | 139% |
| Magnesium 120 mg (as Magnesium Creatine Chelate) |                | 29%  |
| Chromium (as Chromium Picolinate)                | 125 mcg        | 357% |
| Potassium<br>(as Potassium Citrate)              | 160 mg         | 3%   |
|  |                |      |

|   | Amount of serving                    | 702    |
|---|--------------------------------------|--------|
| PUMP FUEL® INSANITY v.5 Blend   | 28,924 mg (28.9 g)                   | t      |
| RAPID ATP™ Blend  | 3,000 mg (3.0 g)                     | t      |
| Creatine (Kre-Alkalyn®)<br>Magnesium Creatine Chelate<br>(Creatine MagnaPower®)         | 1,500 mg (1.5 g)<br>1,500 mg (1.5 g) |        |
| NITRO PUMP™ XTREME Blend  | 6,500 mg (6.5 g)                     | t      |
| L-Citrulline Malate<br>Inositol-Stabilized Arginine Silicate<br>( <b>Nitrosigine</b> ®) | 6,000 mg (6.0 g)<br>500 mg           |        |
| BETA pH™ Blend  | 5,700 mg (5.7 g)                     | +      |
| Beta-Alanine<br>Betaine Anhydrous   | 3,200 mg (3.2 g)<br>2,500 mg (2.5 g) |        |
| AMINO ENERGY FOCUS UPTAH  | (E Blend 1,209 mg (1.                | 2 g) † |

#### Amino Complex:

Taurine, L-Glutamine Alpha Ketoglutarate, N-Acetyl-L-Glutamine, L-Glutamine, L-Isoleucine, L-Leucine, L-Valine

#### High Energy Focus Complex:

Caffeine Anhydrous (200 mg), L-Carnitine L-Tartrate, Phosphatidyl Serine, L-Tyrosine, *Huperzia serrata* Club Moss Extract (Std. 1% Huperzine A)(100 mcg)

### GLYCO|LOAD|ABSORPTION Blend 12,515 mg (12.5 g)

**Dextrin Complex:** Maltodextrin, Dextrin, Waxy Maize, Glycerol **Insul|Load™ Complex:** Alpha Lipoic Acid, Chromium Picolinate

\*\* Percent Daily Values (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.

Other Ingredients: Natural Flavor, Silica, Sucralose, Acesulfame Potassium, Calcium Carbonate, FD&C Yellow 5, FD&C Red 40. \CONTAINS: Soy (Lecithin). \ FREE OF: Gluten, Lactose, Preservatives, Aspartame, Yeast. \ Kre-Alkalyne\* is protected by US Patent #6,399,661 and is a registered trademark of All American Pharmaceutical. \ Creatine MagnaPower\* is a registered trademark of Balchem Corporation or its subsidiaries. \ Nitrosigine\*, including the Nitrosigine\* logo, is a registered trademark of Nutrition 21, LLC. Nitrosigine\* is patent protected. \ BETA|pH\text{"} is a trademark of FitLife Brands, Inc. \ Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:



5214 South 136th Street \Omaha, NE 68137 \For Product Questions: PMDSports.com