

EVERY SCOOP DELIVERS:

PRO QUALITY

A proven sports supplement with decades of research, creatine is highly trusted and effective. Our Creatine Monohydrate mixes easily and undergoes rigorous third-party testing for purity and potency.

PRO RESULTS

Creatine Monohydrate helps muscles work harder during exercise, resulting in elevated improvements to performance and strength.** Creatine can be taken before, during or after workouts – also on off days. Consistency is key.



♦ Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

**DESIGNED FOR PURITY AND POTENCY.
NO ARTIFICIAL FLAVORS OR COLORS.**

[^]When used in conjunction with resistance training over time.

For More Information:

1-888-462-2548, GNC.com

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

PRO PERFORMANCE® TRUSTED SINCE 1988



CREATINE MONOHYDRATE



PRO QUALITY. PRO RESULTS.

Improves Muscle Building, Strength
and Athletic Performance^{^*}



**5G
PER SCOOP**



UNFLAVORED

Mixes Easily!

**50
SERVINGS**

DIETARY SUPPLEMENT

NET WT. 9 OZ. (255 G)

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CODE 759016

B2G

DIRECTIONS: As a dietary supplement, mix one scoop daily with 8-10 fl. oz. of cold water or your favorite sports drink. Consume ample amounts of water while taking this product. Get ready to Perform like a Pro.

Supplement Facts

Serving Size One Scoop (5.1 g)

Servings Per Container 50

Amount Per Serving

Creatine Monohydrate

5 g*

* Daily Value not established.

OTHER INGREDIENTS: Silicon Dioxide.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: This product sold by weight, not volume. Significant product settling may occur.

No Artificial Colors, No Artificial Flavors, No Preservatives, Gluten Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.



FILL LINE