

Directions: As a dietary supplement, take one to two capsules daily.

KEEP OUT OF REACH  
OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

# Fenugreek 610MG

HERBAL SUPPLEMENT

*May support  
healthy blood  
sugar metabolism\**



Whole Herb

100 CAPSULES

## Supplement Facts

Serving Size One Capsule

### Amount Per Serving

Fenugreek Seed Powder ( <i>Trigonella foenum-graecum</i> )	610 mg*
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\* Daily Value not established.

**Other Ingredients:** Gelatin, Cellulose.

**CONTAINS:** Wheat.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Material verified by TLC.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors,  
No Artificial Flavors, Sodium Free, No Corn,  
No Soy, No Dairy, Yeast Free.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

