ULTRA-PREMIUM PROTEIN. ULTRA-PREMIUM TASTE.™

SYNTHA-6® PRODUCT HIGHLIGHTS:

- MULTI-FUNCTIONAL ULTRA-PREMIUM PROTEIN MATRIX
- NATURALLY OCCURRING BRANCHED CHAIN AND OTHER ESSENTIAL AND NON-ESSENTIAL AMINO ACIDS
- MEDIUM CHAIN TRIGLYCERIDES

DESIGNED FOR: Any individual who wants an ultra-premium protein powder to help them reach their nutritional goals.

DIRECTIONS: Take 47g (About 1 Scoop) with 4-5 fl oz of cold water or any beverage of your choice. To increase your protein intake per serving and achieve an even more amazing milkshake experience, use non-fat or low-fat milk.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Lecithin is a phospholipid complex derived from soybean oil, which is used to promote mixability.

This product has been manufactured by a Good Manufacturing Practices (GMP) facility.

+When taken over time with regular resistance exercise.

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MANUFACTURED IN THE USA

This product contains ingredients of international and domestic origin

10G ESSENTIAL AMINO ACIDS

NATURALLY OCCURRING EAAS

MUSCLE RECOVERY

200 CALORIES

SUPPORTS MUSCLE BUILDING+

SYNTHA-6®



22G PROTEIN

USE ANYTIME, DAY OR NIGHT

CINNAMON TOASTER PASTRY

ARTIFICIALLY FLAVORED

PROTEIN POWDER DRINK MIX **NET WT 46.4 OZ (2.91 LB) 1.32 KG 28 SERVINGS**

Nutrition Facts

28 servings per container

Serving size 47g (About 1 Scoop)

Amount per serving

Calories 200

	% Daily Value*
Total Fat 5g	**6%**
Saturated Fat 2g	**10%**
Cholesterol 90mg	**30%**
Sodium 200mg	**9%**
Total Carbohydrate 16g	**6%**
Dietary Fiber 6g	**21%**
Total Sugars 3g	
Includes 1g Added Sugars	**2%**
Protein 22g	**44%**
Calcium 120mg	10%
Potassium 190mg	4%
Phosphorus 140mg	10%
Magnesium 15mg	4%

Not a significant source of trans fat, vitamin D and iron.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Protein Matrix Comprised of (Whey Protein Concentrate, Calcium Caseinate, Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Micellar Casein, Milk Protein Isolate), Polydextrose, Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Natural and Artificial Flavor, Maltodextrin, MCT Powder (Medium Chain Triglycerides, Silicon Dioxide, Maltodextrin), Ground Cinnamon, Sunflower and/or Soy Lecithin, Cellulose Gum, Salt, Sucralose, Acesulfame Potassium.

CONTAINS: Milk and Soy.

Manufactured for

Glanbia Performance Nutrition (NA), Inc.
3500 Lacey Road, Suite 1200
Downers Grove, IL 60515
877.673.3727
goBSN.com

Contains a bioengineered food ingredient.

Contents sold by weight, not volume. Some settling will occur.

Store in a cool, dry place.