

**WARNING:** Cancer and Reproductive Harm—  
www.P65Warnings.ca.gov. Consult your physician prior  
to using this product if you are pregnant, nursing, taking  
medication or have a medical condition. Discontinue use  
two weeks prior to surgery. Inform your physician of this  
product's biotin content before any lab test. Niacin may  
cause a temporary flushing reaction.

No Milk.  
**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

For More Information: 1-888-462-2548

GNC.com

\*See carton for related information.

**GNC**

**MEGA  
MEN<sup>®</sup>**

**Diabetic  
Support**

Dietary Supplement

**MULTIVITAMIN & NUTRITION PLAN**

- Multivitamin with premium ingredients  
to support glucose metabolism\*

Timed-Release

**90 CAPLETS  
45-DAY SUPPLY**



**CLINICALLY  
STUDIED<sup>^</sup>**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE T84912

**DIRECTIONS:** As a dietary supplement, for optimal health benefits take two caplets daily with food. Can be divided by taking one caplet in the morning and one caplet in the afternoon for maximum absorption.

**Supplement Facts**

Serving Size Two Caplets/Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A .....	1500 mcg RAE .... 167%
(50% as beta-Carotene & 50% as Retinyl Acetate)	
Vitamin C .....	300 mg .... 333%
(as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D (as Cholecalciferol) .....	40 mcg .... 200%
Vitamin E .....	20.1 mg .... 134%
(as d-alpha Tocopheryl Acetate)	
Vitamin K (as Phytonadione) .....	80 mcg .... 67%
Thiamin (Vitamin B-1) .....	50 mg ... 4167%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2) .....	50 mg ... 3846%
Niacin (Niacinamide & Niacin) .....	50 mg .... 313%
Vitamin B-6 .....	50 mg ... 2941%
(as Pyridoxine Hydrochloride)	
Folate .....	680 mcg DFE .... 170%
(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin) .....	50 mcg ... 2083%
Biotin .....	300 mcg ... 1000%

Amount Per Serving	% Daily Value
Pantothenic Acid .....	50 mg ... 1000%
(as Calcium d-Pantothenate)	
Calcium .....	200 mg .... 15%
(as Calcium Carbonate, Dicalcium Phosphate, Calcium d-Pantothenate & Calcium Ascorbate)	
Iodine (as Potassium Iodide) .....	150 mcg .... 100%
Magnesium (as Magnesium Oxide) .....	100 mg .... 24%
Zinc (as Zinc Oxide) .....	25 mg ... 227%
Selenium .....	200 mcg ... 364%
(as L-Selenomethionine)	
Copper (as Cupric Oxide) .....	2 mg .... 222%
Manganese .....	2 mg .... 87%
(as Manganese Sulfate)	
Chromium .....	200 mcg ... 571%
(as Chromium Chloride & Hydrolyzed Rice Protein Chelate)	
Molybdenum (as Sodium Molybdate) ...	75 mcg ... 167%
Glutamine (as L-Glutamine) .....	
Bitter Melon .....	
(Momordica charantia) Fruit Powder	
Fenugreek .....	
(Trigonella foenum-graecum) Seed Powder	

Amount Per Serving	% Daily Value
Cinnamomum spp. Bark Powder .....	25 mg .....
Gymnema sylvestra Leaf Extract .....	25 mg .....
Arginine (as L-Arginine Hydrochloride) ...	25 mg .....
alpha-Lipoic Acid .....	25 mg .....
Ginkgo biloba Leaf Powder .....	10 mg .....
Carnitine (as L-Carnitine Fumarate) .....	10 mg .....
Leucine (as L-Leucine) .....	10 mg .....
Inositol .....	10 mg .....
Silica (as Silicon Dioxide) .....	4 mg .....
Lutein (from Marigold .....	3 mg .....
[Tagetes erecta] Flower Extract)	
Hyaluronic Acid .....	2 mg .....
(as Sodium Hyaluronate)	
Boron (as Boric Acid & Hydrolyzed .....	2 mg .....
Soy Protein Chelate)	
Lycopene .....	950 mcg .....
Zeaxanthin (as Zeaxanthin Isomers ...	600 mcg .....
from Marigold [Tagetes erecta] Flower Extract)	
Astaxanthin (as Haematococcus pluvialis) ..	50 mcg .....
Vanadium (as Sodium Metavanadate) ...	10 mcg .....

\* Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Hydroxypropylcellulose and Less than 2%: alpha-Carotene, BHA/BHT (Preservative), Calcium Silicate, Caramel Color, Cellulose, Choline Bitartrate, Corn Starch, Cryptoxanthin, Dextrin, Ethyl Vanillin (Artificial Flavor), Fumaric Acid, Gelatin (Porcine & Fish), Glucose Syrup, Gum Arabic, Magnesium Stearate Vegetable Source, Maltodextrin, Mannitol, Medium Chain Triglycerides, Methyl Paraben (Preservative), Methylcellulose, Mixed Carotenoids, Mixed Tocopherols, Modified Food Starch, Polyethylene Glycol, Polyglycerol Fatty Acid Esters, Polysaccharides, Polysorbate 80, Propyl Paraben (Preservative), Sodium Aluminum Silicate, Sodium Ascorbate, Sodium Carboxymethylcellulose, Sodium Chloride, Titanium Dioxide (Mineral Whitener), Vegetable Acetoglycerides, Vegetable Oil, Vitamin C Palmitate. **Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA. Contains a bioengineered food ingredient. CONTAINS: Wheat, Soybeans, Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod or a Combination Thereof).**

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