

California Residents Only:

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plans found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

*A randomized clinical study consisting of 109 healthy participants compared the use of Lean Shake™ 25 Ready-to-Drink in conjunction with a meal and exercise plans (total daily caloric intake of 1,500 calories) to a 1,500-calorie diet & exercise plan alone. This study resulted in nearly twice as much total weight loss (-7.6 vs. -3.9 pounds), along with improvements in Body Mass Index (BMI) among the Lean Shake™ 25 RTD users at the end of 12 weeks. Meal & exercise plans available at www.totallean.com.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

Store in a cool, dry place.

For More Information:
1-888-462-2548

GNC.com

CA Cash Refund
ME 5¢ Deposit

227305



Graphic
Famish &

NEW!
Free of
Artificial
Colors

GNC
TOTAL LEAN®

LEAN
Centerline
SHAKE™
25

Hunger-satisfying meal replacement
Clinically proven to improve weight loss[†]

ZERO ADDED SUGAR[†]

25G
PROTEIN

3G
FIBER

170
CALORIES

[†]Not a low calorie food.
See Nutrition Facts for sugar
and calorie content.



STRAWBERRIES & CREAM
NATURAL & ARTIFICIAL FLAVORS

14 FL. OZ. (414 mL) • 1 SERVING

CODE 333012

CAG-4498

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

Nutrition Facts

Serving Size **One Bottle 14 fl. oz. (414 mL)**

Amount Per Serving

Calories

170

		% Daily Value*	
Total Fat	6 g		8%
Saturated Fat	1 g		5%
Trans Fat	0 g		
Cholesterol	20 mg		7%
Sodium	330 mg		14%
Total Carbohydrate	6 g		2%
Dietary Fiber	3 g		11%
Total Sugars	1 g		
Includes 0 g Added Sugars			0%
Protein	25 g		50%
Vitamin D	5 mcg (100 IU)	25%	• Calcium 500 mg 40%
Iron	5 mg	30%	• Potassium 310 mg 6%
Vitamin A	225 mcg RAE	25%	• Vitamin C 23 mg 25%
Vitamin E	4 mg	25%	• Vitamin K 30 mcg 25%
Thiamin	0.3 mg	25%	• Riboflavin 0.3 mg 25%
Niacin	4 mg	25%	• Vitamin B-6 0.4 mg 25%
Folate	100 mcg DFE (60 mcg Folic Acid)	25%	• Vitamin B-12 0.6 mcg 25%
Biotin	7.5 mcg	25%	• Pantothenic Acid 1.3 mg 25%
Phosphorus	600 mg	50%	• Iodine 38 mcg 25%
Magnesium	100 mg	25%	• Zinc 2.8 mg 25%
Selenium	14 mcg	25%	• Copper 0.2 mg 20%
Manganese	0.6 mg	25%	• Chromium 9 mcg 25%
Molybdenum	11 mcg	25%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Milk Protein Concentrate, Milk Protein Isolate and Less Than 2% of: Acesulfame Potassium, Calcium Caseinate, Carrageenan, Cellulose Gel, Cellulose Gum, DATEM, Lactase, Maltodextrin, Natural & Artificial Flavors, Salt, Sucralose, Sunflower, Safflower and/or Canola Oil, Vitamin and Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-alpha Tocopheryl Acetate, Biotin, Vitamin A Palmitate, Nicotinamide, Phytomenadione, Potassium Iodide, Calcium D-Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Maltodextrin), Whey Protein Concentrate.

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA



From Copy
Free As