

PRO PERFORMANCE® RESULTS

Pro Performance® Weight Gainer contains 50 grams of high-quality protein in a wellness formula designed to digest and release at varied intervals throughout the day to ensure your muscles get the amino acids they need.* This formula is designed to support your body composition goals with naturally occurring branched chain amino acids (BCAA), which may help reduce muscle breakdown during exercise, added medium chain triglycerides (MCT), which are quickly absorbed by the body for use of energy, and a dual carbohydrate system to preserve and replenish energy stores.^* Pro Performance® Weight Gainer also includes naturally occurring arginine to fuel muscle cells and influence the cardiovascular system through nitric oxide production.*

PRO PERFORMANCE® QUALITY

Pro Performance® Weight Gainer provides a combination of protein, essential amino acids, carbohydrates and unique lipids to fuel your body and kick-start performance goals.^* Banned Substance Tested,† this formula tastes great and mixes easily with a simple shake or blend.

^When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested and monitored for over 285 banned substances on the 2021 World Anti-Doping Agency (WADA) Prohibited list via LGC skip lot testing protocol #CP0307.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC



PRO PERFORMANCE

50g PROTEIN | 700 CALORIES | 116g CARBS

WEIGHT GAINER

Fast, Medium & Slow Releasing
High-Quality Protein

DIETARY SUPPLEMENT

NET WT. 2.5 LB. (40 OZ.) 1134 G

6 SERVINGS



VANILLA ICE CREAM

NATURAL AND ARTIFICIAL FLAVORS

CODE 369936

DIRECTIONS: As a dietary supplement, mix four scoops (182 g) with 16 fl. oz. of water or your favorite beverage and blend well. Consume 1-2 servings per day. Best enjoyed post-workout and/or throughout the day as an additional source of protein.

Supplement Facts

Serving Size 4 Scoops (182 g)
Servings Per Container 6

| Amount Per Serving | % Daily Value | |
|---------------------------|---------------|------|
| Calories | 700 | |
| Total Fat | 3.5 g | 4%† |
| Saturated Fat | 2 g | 10%† |
| Cholesterol | 110 mg | 37% |
| Total Carbohydrate | 116 g | 42%† |
| Total Sugars | 7 g | * |
| Includes 5 g Added Sugars | | 10%† |
| Protein | 50 g | |
| Calcium | 220 mg | 17% |
| Sodium | 260 mg | 11% |
| Potassium | 500 mg | 11% |

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Soy Protein Isolate, Hydrolyzed Whey Protein, Milk Protein Concentrate, Whey Protein Isolate, Calcium Caseinate), Polydextrose, Natural and Artificial Flavors, D-Ribose, MCT (Medium Chain Triglycerides), Sucralose, Soy Lecithin, Silicon Dioxide.

CONTAINS: Milk and Soy.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

NOTICE: Significant product settling may occur.

Manufactured on equipment that also processes Peanut, Wheat and Egg.

WAYS TO ENJOY YOUR WEIGHT GAINER

1

SHAKE

Combine with cold water, milk or your favorite beverage in a shaker cup



2

BLEND

Make a delicious smoothie adding fruits, juices, peanut butter or yogurt



IWG